



Erasmus+ Partnership  
Universal model of Professional  
course for New age child carers for  
women aged 50-64 years

Bulgaria, May 2017



## Good practice motivation a activation people 50+



- Changing the attitude
- Individual starter – „kick starter“
- Cooperation couch, psychologist
- Systematic help – strong empathy
- Examples - stories



## Bakers



Mr. Caslavsky (74) and Mr. Krch (74)

- Voluntary participation on public bakery in Stolmir
- More than 55 years of experience
- Returning to their's beginnings
- Enjoying to share the know how
- Publicity – local „vip star“



# IT teachers



## **Mr. Rak (57) and Mr. Boril (59)**

- Teaching other people 50+
- Voluntery helping for 4 years
- Long-term unemployed (3 years)
- More than 20 years of experience
- Leading and motivation skills



# Nanny

Mrs. Kasparova (54)

- Still active teacher in nursery school in Cesky Brod
- Burn out syndrom
- Have a will to start something new
- Nanny in forest kindergarten in Stolmir



Thank you

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